



Continuous Professional Development

Hairdressing
Beauty Therapy
Integrative Healthcare

2023 - 2024



HBCT

The Hairdressing, Beauty Therapy and Complementary Therapies (HBCT) department at UHI Moray, have worked closely with local employers, stakeholders, current students and HBCT graduates, to compile this suite of Continual Professional Development (CPD) short course provision.

Each of these courses will be delivered by one of the HBCT lecturing team.

All of our lecturers have a wealth of experience both in their subject areas and in the educating delivery of these bespoke short course provisions.

They will demonstrate and help you develop some 'up to the minute' and 'in trend' techniques and modalities, to equip you with new skills or to enhance your current provision as a professional.

For full details of the courses listed in this booklet including dates visit
www.moray.uhi.ac.uk/courses

Continuous Professional Development (CPD)



We are committed to supporting businesses and individuals looking to update or develop their skills. Our CPD programmes focus not only on developing key emerging sector skills but also on legislative requirements.

Courses offered include work-based Vocational Qualifications (SVQs), certificate courses, short (compliance) courses and Professional Development Awards (PDA) which are nationally recognised qualifications, which can help to enhance the career prospects of candidates.

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AMPOO


WELLA
PROFESSIONALS

DU
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7

**BLONDE
RECHARGE**

WITH COLOR PIGMENTS
Color refreshing shampoo /

SHAMPOO


WELLA
PROFESSIONALS

**VOLUME
BOOST**

WITH COTTONSEED

Softening Shampoo
Silk and Almond Oil
Shampooing

SHAMPOO


WELLA
PROFESSIONALS

**SILK AND
ALMOND OIL**

Hairdressing

e

Basic Gents Cutting and Styling

College Certificate

You will learn basic gents clipper cutting techniques including blending and styling.

This short course will enhance your cutting and gents styling skills, building confidence with cutting techniques and use of tools and equipment.

This will enhance your CV for gaining employment or building a clientele.

Entry Requirements

You should be working towards Hairdressing or Barbering SCQF Level 5 or equivalent.

Progression

- + You can progress onto SVQ in Hairdressing SCQF Level 6 or NVQ Diploma Level 3 in Barbering.
- + You may be able to enter employment in hairdressing and/or barbering.

Duration

2 days

Day/Time

Wednesdays, 9am - 4pm

Start Date(s)

24th April 2024

Cost

£180

Colour on Trend

College Certificate

You will learn advanced techniques to cover up-to-date trends using the Wella product range.

This course will enhance your colouring skills, allowing you to build confidence with colour applications and the use of products.

This short course will enhance your CV for gaining employment or building a clientele.

Models that you use for the training will be charged for services undertaken.

Entry Requirements

You should hold a Hairdressing SCQF Level 5 or equivalent.

Progression

- + You can progress onto an SVQ in Hairdressing at SCQF Level 6.
- + You may also be able to enter employment in the hairdressing industry.

Duration

1 day

Day/Time

Monday, 9.30am - 5pm

Start Date(s)

Mon 18th March 2024

Mon 22nd April 2024

Monday 27th May 2024

Cost

£200

Perm Winding

College Certificate

You will learn perming techniques suited to the to your ability including classic and on trend looks. You will also gain knowledge and practical skills in perm winding.

This short course will enhance your CV for gaining employment or building a clientele.

Entry Requirements

You should hold Hairdressing SCQF Level 5 or equivalent.

Progression

- + You can progress onto SVQ in Hairdressing at SCQF Level 6.
- + You may also be able to enter employment within the hairdressing Industry.

Duration

2 days

Day/Time

Wednesdays, 9am - 4pm

Start Date(s)

8th May 2024

Cost

£160





Beauty Therapy

Advanced Nail Tech

College Certificate

If you are a qualified tech or beauty therapist this short course will enable you to update and upskill your existing qualifications.

You will learn both practical skills and the theory behind Builder Gel and Polygel which are known to be gentler on the nail and are currently in high demand within the industry.

You will require to work and be worked on as part of this short course.

Entry Requirements

SCQF Level 5 Beauty Therapy or equivalent.

Progression

+ This course will add to your portfolio which may enhance employment opportunities within the industry.

Duration

2 evenings

Day/Time

Monday and Tuesday, 6pm - 9pm

Start Date(s)

20th May 2024

Cost

£90

Spray Tanning

College Certificate

This practical 1-day interactive session will enable you to learn the skills to carry out a full body spray tan application using Crazy Angel spray tan.

This is a desired skill within the beauty therapy industry which may enhance your employment opportunities.

You will require to work and be worked on as part of this short course.

Entry Requirements

SCQF Level 4 Beauty Therapy or equivalent.

Progression

+ This is a desirable skill to add to your portfolio which may enhance employment opportunities within the industry.

Duration

1 day

Day/Time

Thursday, 9am - 4pm

Start Date(s)

18th April 2024

Cost

£110

Facial Threading

College Certificate

This 1-day workshop is designed for working or student therapists who wish to add to their portfolio. You will learn the art of threading including lip, eyebrow and chin.

This is a key skill desirable within the beauty therapy industry.

You will require to work and be worked on as part of this short course.

Entry Requirements

SCQF Level 5 Beauty Therapy or equivalent.

Progression

+ This is a desirable skill to add to your portfolio which may enhance employment opportunities within the industry.

Duration

1 day

Day/Time

Tuesday, 9am - 4pm

Start Date(s)

16th April 2024

Cost

£95

Lash Lift

College Certificate

This 1-day workshop is designed for working or student therapists who wish to add to their portfolio. You will learn how to successfully complete a lash lift treatment.

This is a desirable skill within the beauty therapy industry.

You will require to work and be worked on as part of this short course.

Entry Requirements

SCQF Level 5 Beauty Therapy or equivalent.

Progression

+ This is a desirable skill to add to your portfolio which may enhance employment opportunities.

Duration

1 day

Day/Time

Thursday, 9am - 4pm

Start Date(s)

2nd May 2024

Cost

£175 (includes kit)

Semi Permanent Lashes

College Certificate

This short course will allow you to develop the practical skills required to apply a full set of semi permanent lashes.

The course has been split to enable you to build a portfolio and become confident with the treatment before being assessed.

This is a desired skill within the beauty therapy industry which may enhance employment opportunities.

A kit will be required for this course at an additional cost.

Entry Requirements

SCQF Level 5 Beauty Therapy or equivalent.

Progression

+ This is a desirable skill to add to your portfolio which may enhance employment opportunities within the beauty therapy industry.

Duration

6 evenings

Day/Time

Tuesdays, 6pm - 9pm

Start Date(s)

23rd April 2024

Cost

£250 (includes kit)

Brow Lamination

College Certificate

This 1-day Brow Lamination course will give you the skills to deliver the newest brow treatment in the industry.

Also known as "fluffy brows" this course will help to give the illusion of thicker, fuller brows for your client whilst taming any stray hairs.

This is a desired skill within the beauty therapy industry which may enhance your employment opportunities.

You will require to work and be worked on as part of this short course.

Entry Requirements

SCQF Level 5 Beauty Therapy or equivalent.

Progression

+ This is a desirable skill to add to your portfolio which may enhance employment opportunities within the industry.

Duration

1 day

Day/Time

Thursday, 9am - 4pm

Start Date(s)

13th June 2024

Cost

£120

Female Intimate Waxing

College Certificate

This short course in advanced waxing is designed for experienced beauty therapists to learn Brazilian and Hollywood intimate waxing techniques using hot wax.

This is a desirable treatment to add to your repertoire which may enhance employment opportunities within the industry.

You will require to work and be worked on as part of this short course.

Entry Requirements

SCQF Level 5 Beauty Therapy or equivalent.

Progression

+ This course will add to your portfolio which may enhance employment opportunities within the industry.

Duration

1 day

Day/Time

Monday, 9am - 5pm

Start Date(s)

17th June 2024

Cost

£180 (includes kit)





Integrative Healthcare

Hand Reflexology

College Certificate

This short course is designed to enhance qualified therapists' knowledge and understanding of hand reflexology.

You will cover the structure of the hands, the related reflex areas and how this can be incorporated into your existing treatments.

This is a great specialist treatment to add to your current reflexology practice and knowledge.

Entry Requirements

You must already have a qualification in Reflexology.

Progression

+ Therapists can progress onto another CPD course at UHI Moray.

Duration

2 days

Day/Time

Fridays, 9.30am - 3.30pm

Start Date(s)

10th May 2024

Cost

£140

Reflexology Refresher

College Certificate

This 1-day course is designed for qualified therapists who require a reminder or the time to practice their skills.

The aim is to revive your skills, build your confidence and to gain experience in working the feet again.

This may give you the confidence to start working as a therapist again whether that be self-employed or within a healthcare setting.

Entry Requirements

You must already have a qualification in Reflexology.

Progression

+ Therapists can progress onto another CPD course at UHI Moray.

Duration

1 day

Day/Time

Monday, 9.30am - 3.30pm

Start Date(s)

29th April 2024

Cost

£140

Intro to Massage

College Certificate

This evening course is designed to introduce you to massage and develop your skills to provide a basic massage treatment for friends and family safely and effectively.

This qualification can be used as a precursor to further and higher education courses which can then provide the knowledge and understanding required for you to gain professional membership and insurance to practice.

Complementary therapy/integrative healthcare is a growing field and this course will introduce you to the practice of massage giving you a taster of the industry.

Entry Requirements

No formal entry qualification.

Progression

- + You can progress on to the Access to Integrative Healthcare and Therapies (SCQF Level 5/6) at further education level.
- + Higher education courses include HNC/D Complementary Therapies which then lead on to year 3 of the BSc (Hons) Integrative Healthcare.

Duration

4 days

Day/Time

Thursdays, 6pm - 8pm

Start Date(s)

25th April 2024

Cost

£130



Thai Foot Massage

College Certificate

Thai foot massage is a therapeutic massage of the legs and feet, and using Thai foot sticks to stimulate reflex points.

The Thai Foot Massage course is a popular choice for therapists and reflexologists.

Elements of the course include working on 'Sen' lines from the Ayurvedic tradition and stimulating reflex points using the stick.

The body has channels of energy throughout - blockages in these channels may result in illness or disease and massage can help dissipate blockages and increase energy flow through the body which can have many positive health benefits.

Entry Requirements

You must already have a qualification in massage.

Progression

- + You can progress on to other CPD courses or HE units that can lead to the Access to Integrative Healthcare and Therapies (SCQF Level 5/6) at further education level.
- + Higher education courses include HNC/D Complementary Therapies which then lead on to year 3 of the BSc (Hons) Integrative Healthcare.

Duration

1 day

Day/Time

Friday, 10am - 4pm

Start Date(s)

26th April 2024

or

3rd May 2024

Cost

£180



Baby Massage

College Certificate

This short course is designed for parents and carers to learn and practise baby massage.

Safe massage strokes for babies six weeks and older will be covered allowing the learner to bond with their baby and support baby's development.

This course is not necessarily designed as a CPD for qualified therapists. It is designed for any new parents who want to learn how to massage their new babies.

Entry Requirements

New parents/carers who want to learn skills for baby massage.

Progression

- + You can progress on to the introduction to massage course available for CPD, allowing you to gain skills to perform basic massage.
- + Further progression could also be into the further or higher education Complementary Therapies programme.

Duration

3 days

Day/Time

Thursdays, 10am - 1pm

Start Date(s)

14th March 2024

Cost

£120

Massage Refresher

College Certificate

This 1-day course is designed for qualified therapists who require a refresher or the time to practice skills.

The aim of the course is to revive your skills, build confidence and to gain experience in working the feet again.

Entry Requirements

You must already have a qualification in massage.

Progression

- + This refresher course could allow you the confidence to progress further with your education into either HND Complementary Therapies or BSc (Hons) Integrative Healthcare.

Duration

1 day

Start Date(s)

2nd May 2024

Day/Time

Thursday, 9.30am - 3.30pm

Cost

£120

Hot Stone Massage

College Certificate

This short course will teach you the skills you need to use hot/cold stones within a massage treatment.

The course is designed to allow practitioners of body massage, remedial and sports massage, reflexology and Indian Head Massage to incorporate stone therapy safely and effectively into their practice, thus enhancing the client experience and capturing new clients.

Entry Requirements

You must already have a qualification in massage.

Progression

+ Therapists can progress onto another CPD course or HE units at UHI Moray.

Duration

3 days

Day/Time

Mondays, 9.30am - 3.30pm

Start Date(s)

6th May 2024

Cost

£220

Ear Candles and Facial Sinus Drainage

College Certificate

This short course is designed to develop skills in ear candling and facial sinus drainage in order to be able to safely perform this treatment on clients (for existing therapists) and to perform the treatment on family and friends for those who are not qualified as a therapist.

This course will give you the underpinning knowledge on the history of ear candles, how they work, common conditions that this treatment can help with alongside the practical skills needed to perform ear candling with facial sinus drainage on clients/friends/family.

Entry Requirements

No formal entry requirements.

Progression

+ Non-therapists could progress on to a further or higher education course at UHI Moray. Therapists could undertake another of our CPD courses.

Duration

2 days

Day/Time

Tuesdays, 9.30am - 3.30pm

Start Date(s)

23rd April 2024

Cost

£185

Taster in Integrative Healthcare

College Certificate

This programme, which gives an interest and an insight into Integrative Healthcare, is a feeder course to further study at SCQF Level 6/7.

This course will cover an

- + Introduction to Massage
- + Seated Massage
- + Reflexology
- + Aromatherapy

Each week students will engage in an introduction to one of the four therapies so that they can develop a taste for what they will learn in the full-time group award courses and allow them to make an informed choice on their educational pathway.

The course is non-assessed, and they will gain a certificate of attendance.

Entry Requirements

No entry requirements for this course

Progression

- + You can progress on to the Access to Integrative Healthcare and Therapies (SCQF Level 5/6) at further education level or to year 1 of the BSc (Hons) Integrative Healthcare at higher education level.

Duration

3 days

Day/Time

Mondays, 1.30pm - 4.30pm

Start Date(s)

13th May 2024

Cost

£120

Other Courses at UHI Moray

Hairdressing

	Course Level	Can be studied	
Access to Hairdressing and Beauty Therapies	SCQF Level 4	FT	
Introduction to Foundation Hairdressing	SCQF Level 4	FT	
Foundation Hairdressing	SCQF Level 5	FT	
Hairdressing - Current Techniques: College Certificate	SCQF Level 6	FT	PT

Beauty Therapy

	Course Level	Can be studied	
Access to Hairdressing and Beauty Therapy	SCQF Level 4	FT	
Beauty and Aesthetic Therapies	SCQF Level 5	FT	PT
Beauty and Aesthetic Therapies	SCQF Level 6	FT	PT
Advanced Nail Technology	SCQF Level 5	FT	
Microblading Artistry: College Certificate	SCQF Level 5	FT	

Integrative Healthcare

	Course Level	Can be studied	
Access to Integrative Healthcare & Sports Therapy	SCQF Level 5/6	FT	
Essential Massage Skills - Integrative Healthcare, Soft Tissue and Sports Therapy	SCQF Level 6	FT	
BSc (Hons) Integrative Healthcare	SCQF Level 7 - 10	FT	PT

FT Full-time
 PT Part-time
 EVE Evening

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We have made every effort to ensure that the information in this prospectus
is accurate at the time of going to press. Inevitably, because of the extended
lead time of prospectus production, changes to course information and
availability may occur and we will endeavour to reflect any such changes as
quickly as possible on our website: www.moray.uhi.ac.uk

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