

HBCT

HAIRDRESSING BEAUTY COMPLEMENTARY THERAPIES



Treatments and Services 2024-2025

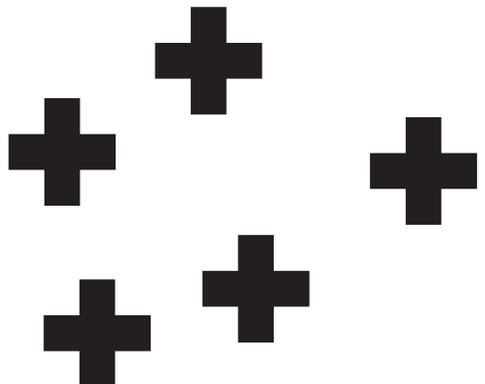
UHI | MORAY MOIREIBH

SKIN TEST/SENSITIVITY TEST

Due to strict Health and Safety Regulations, it is necessary for **all** clients to have a skin test/sensitivity test before **their first** appointment for the following services:

- + Hair Colouring (*24 - 48 hours before*)
- + Eyelash/Eyebrow Tinting (*at least 24 hours before*)
- + Application of False Lashes (*at least 24 hours before*)
- + Lash Lift/Creative Brows (*at least 24 hours before*)
- + Spray tanning (*24 - 48 hours before*)
- + Microblading (*48 - 72 hours before*)

This relevant test **must** be carried out by our students within the learning and teaching environment. Unfortunately, treatment **cannot** be carried out without undergoing a test.



UHI Moray would like to take this opportunity to welcome you to our Salons.

We operate in a learning environment therefore we would appreciate that you consider the following when making your appointment:

- + additional time may be required for services/treatments - we would appreciate if this could be allowed for
- + services/treatments availability may vary throughout the academic year due to course requirements
- + services/treatments are supervised by our trained and experienced lecturers
- + we cannot guarantee you the same student for every appointment (unless your service/treatment is a Case Study)
- + parental/guardian consent may be required for certain treatments
- + a consultation is integrated into every treatment to identify aims, objectives and possible contra-indications to treatment
- + you are responsible for your own personal belongings including those removed for treatment purposes. UHI Moray will not be responsible for the loss, damage or theft of any personal items
- + UHI Moray reserves the right to alter appointments at short notice to meet educational commitments

Thank you to all our regular clients for continuing to support our students during their training, and we look forward to welcoming you back again.

Every effort will be made by staff & students to comply with the Health & Safety At Work etc. Act 1974.

Hairdressing and Barbering

A Skin Test, which must be carried out in UHI Moray, is required 24 - 48 hours before any Colour Service.

All Hairdressing Services and Costs are subject to consultation.

Initial Colouring costs may vary depending on the colouring process required.

Long Hair Colour Work (below shoulder) has an additional charge from £10 on all colour services.

Cutting & Styling

Plait	from £3	Level 4
	from £4	Level 5
Shampoo & Finish	from £5	Level 4
	from £6	Level 5
Cut & Finish	from £10	Level 5
	from £13	Level 6
Restyle	from £18	Level 6

Conditioning Treatments

Scalp/Hair Treatments	from £8
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Nioxin®

Experience scalp exfoliation that removes build-up on the scalp to restore it to a good condition. This scalp dermabrasion also helps accelerate skin surface regeneration.

Dermabrasion treatment	from £15
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Barbering

Cut	from £4
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Colour	from £15
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Colouring*

All colour services include finish.

Semi-permanent Colour	from £10	Level 4
	from £10	Level 5
	from £10	Level 6

Quasi Colour	from £18	Level 4
	from £20	Level 5
	from £25	Level 6

Regrowth/Cap	from £20	Level 5
	from £25	Level 6

Full Head	from £25	Level 5
	from £30	Level 6

Foils - Full Head	from £35	Level 5
	from £35	Level 6

Foils - Half Head	from £20	Level 5
	from £20	Level 6

Current colouring techniques	from £45
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Add ons to the above colouring services

Add on cut	from £7	Level 5
	from £10	Level 6

Remove Artificial Colour	from £10
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Pre-Pigment	from £10
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Remove Bands	from £10
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*skin test required

Beauty and Aesthetic Therapies

A Skin Test, which must be carried out in UHI Moray, is required 24 - 48 hours before treatment where indicated. (48 - 72 hours for Microblading)

Manicures & Pedicures

All times include consultation & aftercare.

Luxury Manicure	£12	75 mins
Luxury Pedicure	£12	75 mins
Buff Manicure	£9	60 mins
Buff Pedicure	£9	60 mins

Nail Services

All times include consultation & aftercare.

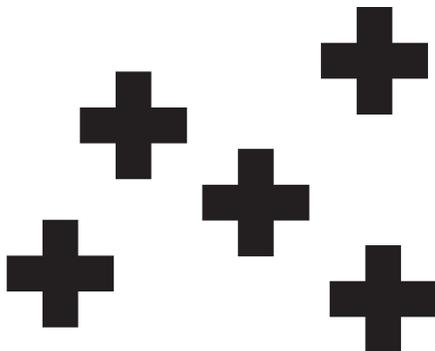
Please note we are unable to remove gel polish products which have not been applied within the HBCT salons.

Gel Polish Application	£12	60 mins
Builder in a Bottle	£15	from 60 mins
Builder in a Bottle - with Gel Colour Application	£17	from 60 mins
Polygel	£15	from 90 mins
Polygel - with Gel Colour Application	£17	from 90 mins
Full Coverage Tips	£15	120 mins

Waxing

All times include consultation & aftercare.

Eyebrow Wax	£6	30 mins
Chin Wax	£5	30 mins
Upper Lip Wax	£5	30 mins
Lip & Chin Wax	£8	45 mins
Facial Waxing Package (Eyebrows, Lip and Chin)	£12	60 mins
Underarm	£6	30 mins
Bikini Wax	£7	30 mins
Half Leg	£10	40 mins
Full Leg	£15	60 mins
Full Leg & Bikini	£20	90 mins
Essential Wax Package (Underarm, Half Leg and Bikini)	£21	75 mins
Forearm Wax	£7	30 mins
Back/Chest Wax	£8	45 mins



Eye Treatments*

All times include consultation & aftercare.

Eyebrow Thread	£5.00	20 mins
Eyebrow Tint	£6.50	20 mins
Eyelash Tint	£8	30 mins
Tint Package (Lash & Brow Tint)	£10	45 mins
Brow Package (Eyebrow Wax & Tint)	£10	45 mins
Eye Package (Lash & Brow Tint with Eyebrow Wax)	£13	60 mins
Lash Lift	£15	from 60 mins
Lash Lift - with tint	£18	from 60 mins
Brow Lamination	£18	75 mins
Lash Lift & Brow Lamination	£28	120 mins
Lash Extensions	Full set £18 Infills £12	

Facials

Prescriptive Facial	£15	75 mins
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Massage

Back, Neck and Shoulder Massage	£12	45 mins
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Back, Neck and Shoulder Massage plus infrared	£13	60 mins
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Massage (Level 6)

Full body, Swedish body massage	£20	75mins
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Hot Stone Massage	£22	75mins
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Tanning*

Please refer to the guidance notes below for tanning services.

Spray Tan	£11	45 mins
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Manual Tan (includes exfoliation)	£11	75 mins
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Microblading*

Consultation, treatment, aftercare package and follow-up treatment (6 - 8 weeks later)	£95	up to 3 hours
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*skin test required

TANNING SERVICES*

- + do not use any perfume, deodorant, body spray, lotions etc. on the day of your tanning treatment
- + your skin must be free of oil and make-up
- + any hair removal must be done at least 24 - 48 hours prior to tanning treatment
- + any hair colouring must be done at least 24 hours prior to tanning treatment
- + please wear dark, loose fitting clothing (no tight fitting socks)

Electrolysis

For clients looking for a permanent means of hair removal, this medically approved treatment is available for the eyebrows, lip, chin, breast, underarm, bikini and neck areas. As a course of treatments will be required to achieve lasting results a thorough consultation will be carried out and hair growth management advice provided.

1 Area	£5	15mins
2 Areas	£6	30mins
3 Areas	£8	45mins

Advanced Face and Body Treatments

Please note due to the use of a current for these modalities clients with metal implants or with some medical conditions will be unable to have these treatments.

Harnessing the benefits of electrotherapy in conjunction with Eve Taylor products to target specific skin or body concerns. For best results a course of treatments are recommended and this will be discussed during your consultation

Non Surgical Face Lift	£18	75mins
Microdermabrasion Facial	£18	75mins
Galvanic and High Frequency Facial	£18	
Galvanic and Vacuum Suction Body	£13	
Electrical Muscle Stimulation	£13	
Body Lifting (breast or gluteals)	£13	
Body Contouring	£13	
Lymphatic Drainage	£13	

Prescriptive Skin Peels

Our prescriptive peel facials will resurface, renew and target skin concerns,

Eve Taylor Cosmetic Peel £20 60mins

Thai Herbal Compress Facial & Body Massage.

Combining both our classic techniques, and our Heated Thai compresses. £25 105mins

Spa package 1 - Firm & tone

- + Body brush £40 90mins
 - + Exfoliation
 - + Full body massage (including scalp massage)
 - + Infra-red heat treatment (on back)
 - + Toning body wrap (choice of abdomen, thighs, buttocks)
 - + Facial pressure point and drainage massage (when mask is on)
 - + Finish with body moisturiser
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Spa package 2 - Detox

- + Body brush £40 105mins
 - + Salt & Seaweed exfoliation
 - + Full body marine mud wrap (including scalp massage) and shower
 - + Choice of Sauna or Infra red heat treatment
 - + Back, neck and shoulder massage (including audio sonic mechanical massage)
 - + Hot towel
 - + Full body moisturisation
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Spa package 3 - Winter Warmer

- + Full body exfoliation with poppyseed mousse & hot towels £30 75mins
 - + Full body thermal body wrap (self heating)
 - + Scalp and Facial massage (whilst wrap is on)
 - + Shower
 - + Full body massage (choice of aromatherapy oils)
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+ Manicures & Pedicures

Indulge your hands or feet with one of Manicure or Pedicure treatments.

Beginning with a consultation and analysis our therapists will agree a treatment package with you including filing, cuticle work, exfoliation, and massage.

Depending on your skin needs the treatment will also include a paraffin wax application or a mask and with heated mitts/booties.

Luxury Manicures & Pedicures will include application of traditional polish.

+ Nail Services

Ideal for clients looking for longevity & strength from our range of nail treatments. Includes filing and dry cuticle maintenance. Included within the price is a free gel polish removal.

Builder in a Bottle: A gel-like nail polish applied as an overlay on natural nails, making nails stronger & more durable.

Polygel: A hybrid nail polish formula of acrylics and gel for durable, strong & long lasting nails.

Please note we are unable to remove gel polish products which have not been applied within the HBCT salons.

+ Waxing

Rid yourself of unwanted hair with one of our waxing treatments or packages.

Using hot or warm wax the area will be left silky smooth and hair free.

+ Eye Treatments*

Define and enhance your eyebrows and lashes with our extensive range of eye treatments & packages. *(No skin test required for Eyebrow Threading.)*

+ Facials

Why not enjoy a relaxing, deep cleansing facial.

Following a consultation & skin analysis, your therapist will tailor your facial to treat your specific skin type and conditions.

Skin will be left replenished hydrated and protected.

+ Massage

Relax and unwind with one of our massage treatments.

Ideal for those with areas of tension or to help improve general wellbeing your therapist will customise the treatment to meet your specific needs.

+ Tanning*

Please refer to the guidance notes opposite for tanning services.

+ Microblading*

Semi-permanent makeup to enhance symmetry, restore volume and give definition back into the eyebrow using the One Pass technique.

A second appointment will be required for a top-up treatment after 6-8 weeks (included in cost, please book at time of initial treatment.)

Integrative Healthcare

Body Massage Therapy £17 *1st year*

Reflexology

Reflexology £17 *1st year*

Clinical Reflexology £20 *2nd year*

Hand Reflexology £15

Aromatherapy Massage with Essential Oils

Aromatherapy £17 *1st year*

Clinical Aromatherapy £20 *2nd year*

Remedial and Sports Massage

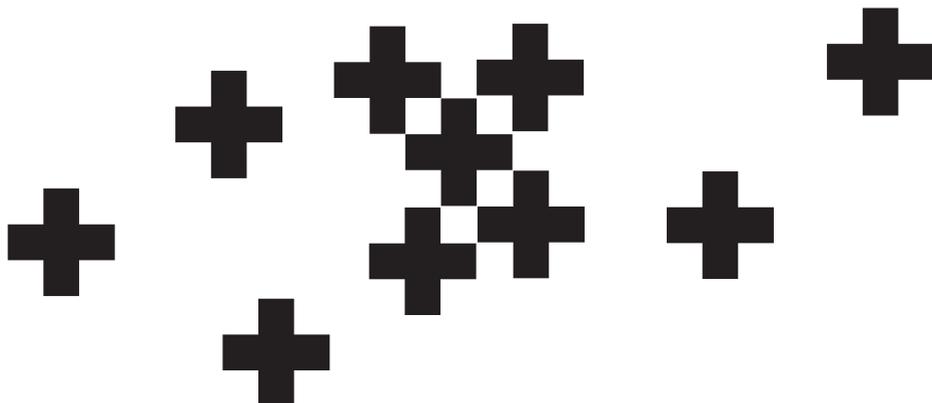
Treatment includes full clinical assessment.

Clinical Sports Massage £17 *1st year*

Remedial & Sports
Therapy £21 *2nd year*

Treatment Offer

Enjoy 50% off your 4th treatment!
To maximise the benefits of your chosen therapy, we recommend a course of treatments. Book in for any three treatments with our Integrative Healthcare students for 50% off your fourth treatment.
(Offer valid on treatments within the current academic year)



Treatments are only available at certain times throughout the academic year.

The majority of treatments last 1 hour.

Please contact the HBCT Reception for further information.

+ Body Massage Therapy

Full body massage which aims to relax or stimulate you depending on your individual requirements.

+ Reflexology

A treatment which applies pressures and massage to particular reflexes on the feet or hands.

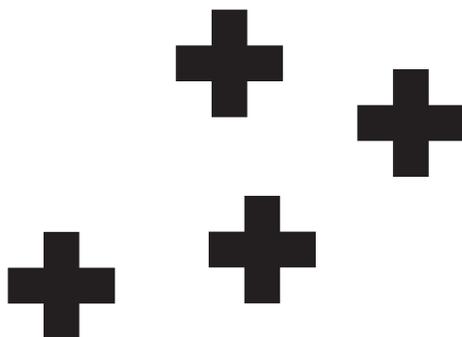
Each reflex connects with an organ or body system and can offer a range of health benefits.

+ Aromatherapy Massage with Essential Oils

Using Essential Oils alongside massage and tailored blends, this therapy can help to alleviate a variety of stresses or conditions while helping to relax and revitalise.

+ Remedial and Sports Massage

Sports and remedial massage is a targeted treatment that addresses musculoskeletal issues to relieve pain, enhance performance and improve overall function in athletes and non-athletes alike. The massage of choice for professional athletes and active individuals, but also suitable for anyone recovering from injury, experiencing postural issues or those seeking relaxation & relief from muscular discomfort or tension. Treatments are tailored to individual client needs and include postural assessment and muscle length & strength testing.



Sport

Group Exercise Sessions £3

Exercise Testing Session £10

Health and fitness testing and 6 weeks training programme £25

+ Group Exercise Sessions

A range of different exercise classes available.

Sessions will be offered on Tuesday mornings or Thursday afternoons, from November - January.

Please contact us to arrange your personal timetable.

+ Exercise Testing Session

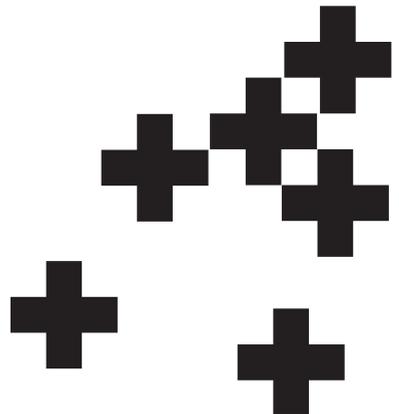
Testing various aspects of health and skill related fitness to determine areas to concentrate on or improve on within training and workout schedules, and life in general.

+ Health and fitness testing and 6 weeks training programme

Health screening tests, fitness testing programme, goal setting and programme design.

Sessions will run from January.

Please contact us to arrange your personal timetable.





NIOXIN®

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